

**Allstar Martial Arts Academy's  
Instructor University/Leadership Program**

This is a 24 month rotating program. The lessons in this program will focus on a different character trait/life skill each month. The lessons will encompass exercises, assignments, strategies, and other training to help the student gain a thorough knowledge and understanding of these life skills, and how it applies to him/her in a leadership role.

Month One – Attitude

Month Two – Preparation

Month Three – Focus

Month Four – Courtesy

Month Five – Honesty

Month Six- Integrity

Month Seven – Courage

Month Eight – Loyalty

Month Nine – Appreciation

Month Ten – Perseverance

Month Eleven – Composure

Month Twelve – Empathy

Month Thirteen – Self Control

Month Fourteen – Gratitude

Month Fifteen – Tolerance

Month Sixteen – Sacrifice

Month Seventeen – Indomitable Spirit

Month Eighteen – Responsibility

Month Nineteen – Compassion

Month Twenty – Character

Month Twenty One – Respect

Month Twenty Two – Vision

Month Twenty Three – Humility

Month Twenty Four - Duty

Each of the above twenty-four modules must be completed; all required classes attended, all coursework submitted timely, all examinations passed, and all requirements of the leadership program being met as an active member of the Leadership Program, to earn a course completion Certificate and eventually earn National Certification.

Blue belts may earn blue pants as part of the Leadership Program.

Red belts may earn red pants as part of the Leadership Program.

Black belts may wear black pants as part of the Leadership Program.

A black belt in this program will earn a blue or red stripe signifying active participation in the program.

The pants, stripes and patches issued for this program are NOT achievement awards. The pants, stripes and patches ONLY signify active participation in the Leadership Program. **If you are no longer an active participant in the Leadership Program, you do not have the right to wear them.**

## Guidelines for Allstar Martial Arts Academy's Leadership Team:

Students will be notified of approval/disapproval after the application and documents are received. Please note the below guidelines before applying, as all guidelines must be met – no exceptions.

Age: Students must be at least 8 years of age, including juniors, teens and adults.

Rank: Advanced Blue Belt and above.

Academics: A "B" average or better is required. *Report cards to be submitted by student each time it is received from school.*

Behavior Evaluation: Excellent behavior is always required. Must receive approval via the application from parents and your instructors.

Class Attendance Requirement: Must consistently attend at least 2x/week, minimum of 18 classes per cycle. Must consistently attend monthly leadership meetings, on the first Saturday of every month.

Class Assistance Requirement: Assist in at least one class per week. The class you commit to must include participants younger than you and lower in rank than you.

Special Event Participation: Must actively participate in special events a minimum of 2 times per year. These events will be announced well in advance and include but are not limited to: Board Breaking Workshops, Self Defense Workshops, Bully Awareness Workshops, Demonstrations, etc.

Tournament Participation: Must participate/compete in at least one tournament per year (see leadership manual for details). Participation in ALL Allstar Martial Arts Academy sponsored tournaments is recommended. Show your commitment.

Course Work: In class and outside assignments/projects will be required as part of this program.

Uniform Requirement: When assisting, full uniform is required (jacket with patches sewn on CORRECTLY, pants, belt tied properly). All pieces of your uniform must be always in good condition with no visible wear, stains or discoloration and must be neat, clean and free of wrinkles. Uniforms should fit appropriately, not too big nor too small.

Costs: The Leadership Program and training is included with your current, active membership (there is no additional cost for the training/program.) The only other costs may include that of colored pants, uniform stripe removal, or sewing a stripe onto a uniform.

Failure to comply with the above program requirements will result in removal from the program and removal of any patches and colored pants that signify active status in the Leadership Program. Once removed, the student may choose to reapply during a future cycle.

My signature below represents that I have read, understand, and agree to this document.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_