



MURRAYHILL
MARTIAL ARTS

Effective 4.5.21

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Helping students become the BEST version of themselves!

| MON | TUE | WED | THU | FRI | SAT | SUN |
|------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------------|--------------------|-----------------------------|
| | | TEEN/ADULT ELITE 8:30 AM | | | HYPER 8:00 AM | TEEN/ADULT ELITE 8:30 AM |
| | | | | | FORMS 1 9:00 AM | |
| | | | | | FORMS 2 9:30 AM | |
| NINJAS 2:45 PM | | NINJAS 2:45 PM | | | | |
| DRAGONS 3:30 PM | FAST CLASS 2:45 PM | DRAGONS 3:30 PM | FAST CLASS 2:45 PM | FAST CLASS 2:45 PM | | |
| WARRIORS 4:15 PM | TIGERS 4:30 PM | WARRIORS 4:15 PM | TIGERS 4:30 PM | BBC All Ages 4:15 PM | | |
| NINJAS 4:15 PM | | NINJAS 4:15 PM | | | | |
| DRAGONS 5:00 PM | NINJAS 5:00 PM | DRAGONS 5:00 PM | NINJAS 5:00 PM | BBC Ages 7-10 5:00 PM | | |
| WARRIORS 5:45 PM | DRAGONS 5:45 PM | WARRIORS 5:45 PM | DRAGONS 5:45 PM | BBC Ages 11 & up 5:45 PM | | |
| POOME BELTS 6:30 PM | WARRIORS 6:30 PM | POOME BELTS 6:30 PM | WARRIORS 6:30 PM | | | |
| ELITE 7:15 PM | TEEN/ADULT ELITE 7:15 PM | ELITE 7:15 PM | TEEN/ADULT ELITE 7:15 PM | | | |

IN PERSON CLASSES

VIRTUAL CLASSES