



MURRAYHILL
MARTIAL ARTS

Effective 9.17.21

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 Murrayhill Martial Arts

 @murrayhillmartialarts

Helping students become the BEST version of themselves!

MON	TUE	WED	THU	FRI	SAT	SUN
ELITE 8:30 AM		ELITE 8:30 AM			HYPER 8:00 AM	
					FORMS 1 9:00 AM	
					FORMS 2 9:30 AM	
TIGERS 3:45 PM		TIGERS 3:45 PM				
NINJAS 4:15 PM	TIGERS 4:30 PM	NINJAS 4:15 PM	TIGERS 4:30 PM	BBC Grades 2-5 4:30 PM		
DRAGONS 5:00 PM	NINJAS 5:00 PM	DRAGONS 5:00 PM	NINJAS 5:00 PM	SPARRING Grades 1-5 5:00 PM		
WARRIORS 5:45 PM	DRAGONS 5:45 PM	WARRIORS 5:45 PM	DRAGONS 5:45 PM	BBC Grade 6 - Adult 5:45 PM		
POOME BELTS 6:30 PM	WARRIORS 6:30 PM	POOME BELTS 6:30 PM	WARRIORS 6:30 PM	SPARRING Grade 6 - Adult 6:15 pm		
ELITE 7:15 PM	TEEN/ADULT 7:15 PM	ELITE 7:15 PM	TEEN/ADULT 7:15 PM			