

Dojo Karate - Elk River

763-441-2467

Master Stormoen
6th Degree Black Belt

Ms. O'Leary
2nd Degree Black Belt

Mr. Jex
2nd Degree Black Belt

Mr. Hauer
3rd Degree Black Belt

Mr. Duncan
3rd Degree Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 All Belts All Ages		10:30 All Belts All Ages		10:00 White, Gold, & Green Belts
<p>Join our Facebook group! <i>Dojo Karate Elk River</i> Effective March 1st, 2021</p>					Closed to Clean
					10:45 Beginning Sparring Green, Purple, Blue, & Red
<p>Email us at elkriver@dojokarate.com WWW.DOJOKARATE.COM</p>					Closed to Clean
					11:30 Advanced Sparring Ad. Red & Above
4:15 Mighty Tigers/Dragons	4:15 Mighty Tigers/Dragons	4:15 Mighty Tigers/Dragons	4:15 White Belts Gold Belts	4:30 Ad. Red, All Brown & Black Belts	<p>Birthday Parties!! Private Lessons! Visit the office for more details</p>
Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean	
4:55 White Belts Gold Belts	4:55 All Brown Belts All Black Belts	4:55 All Blue Belts All Red Belts	4:55 Weapons Class Master's Club	5:15 Purple, All Blue & Red Belts	
Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean	
5:35 Green Belts Purple Belts	5:35 Green Belts Purple Belts	5:35 All Brown Belts All Black Belts	5:35 All Blue Belts All Red Belts	6:00 White, Gold & Green Belts	
Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean		
6:15 All Blue Belts All Red Belts	6:15 White Belts Gold Belts	6:15 Tricks & Tumbling Master's Club	6:15 Green Belts Purple Belts		
Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean		
6:55 All Brown Belts All Black Belts	6:55 Kickboxing Master's Club	6:55 White Belts Gold Belts	6:55 All Brown Belts All Black Belts		
Closed to Clean	Closed to Clean	Closed to Clean	Closed to Clean		
7:35 All Adult Belts	7:35 All Blue Belts All Red Belts	7:35 Green Belts Purple Belts	7:35 All Adult Belts		

Required Equipment

All Classes Hand & Foot Pads
Sparring Classes All Sparring Gear
Cardio Kickboxing Gloves & Cardio Shirt

Requirements for Promotion

*4 Black Stripes * Hand & Foot Pads
* At least 1 Red Stripe * Be current on Tuition

Master's Program



Unlimited Classes
Black Uniform
Weapons Training
Advanced Martial arts Training
Leadership Training
Grappling Classes
Kickboxing Classes

Basic Program

1-2 classes per week



Black Belt Program

3 classes per week
Sparring Classes
Advanced Training
Weapons Training
Earn your Black Belt!!

Graduation day is the 2nd Tuesday of every month. No evening classes on graduation day. All graduation fees are due before graduation.