

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
North	South	North	South	North	South	North	South	North	South	North	South
						Adults BBC 9:30-9:45				Adults Sparring 9:00-9:45	
		Adults Forms 9:45-10:30				Adults Sparring 9:45-10:30				Kids Forms Int/Adv 9:45 - 10:30	Adults BBC 9:45 - 10:00
			Move Your Body 10:30-11:00				Move Your Body 10:30-11:00			Kids Forms Basic 10:30 - 11:15	
Semi - Private Classes & Private Lessons Available											
Lil Champs 3:45 - 4:15		Kids Int/Adv BBC 3:45 - 4:00		Lil Champs 3:30 - 4:00		Lil Champs 3:45 - 4:15		Kids Basic Sparring 4:00 - 4:45	Champions 4:00 - 4:30		
Kids Forms Basic 4:15 - 5:00		Kids Forms Int/Adv 4:00 - 4:45		Champions 4:00 - 4:30		Kids Sparring Int/Adv 4:15 - 5:00		Kids Sparring Int/Adv 4:45- 5:30	Champions BBC 4:30 - 4:45		
Champions 5:00 - 5:30		Kids Forms Basic 4:45 - 5:30		Kids Sparring Basic 4:30 - 5:15		Champions 5:00 - 5:30		Black Belts 5:30-6:15		RESERVED FOR BIRTHDAY PARTIES	
Kids Forms Int/Adv 5:30 - 6:15		Champions 5:30 - 6:00	Lil' Champs 5:30 - 6:00	Kids Sparring Int/Adv 5:15 - 6:00	Kids Basic BBC 5:15 - 5:30	Kids Sparring Basic 5:30 - 6:15	Champions BBC 5:30 - 5:45				
Adults Forms 6:15 - 7:00	Kids Int/Adv BBC 6:15 - 6:30	Kids Bo/Black Black Belts 6:00 - 6:45		Black Belts 6:00-6:45		Adults Sparring 6:15 - 7:00	Kids Basic BBC 6:15 - 6:30	<i>Lil'Champions - All Belt Levels 4 - 5 years</i> <i>Champions - All Belt Levels 6 -7 years</i> <i>Kids Basic - White, Yellow, Or and Or/Blk 7-12 years</i> <i>Kids Int/Adv - Gr Gr/Blk, Blue, Blue/Blk, Red 7-12 years</i> <i>Adults - Mixed - All Belt Levels</i>			
		Adults Forms 6:45 - 7:30		Adults Sparring 6:45 - 7:30				BELT PROMOTION First Wednesday of the month NO REGULAR CLASSES			

KMA BLACK BELT CHAMPIONS effective Sept. 4, 2018

818-988-8358