

MARTIAL ARTS

of WEST END

804 673 5200



MON A DAY	TUES A DAY	WED B DAY	THURS B DAY	FRI MAKE UP DAY	SAT MAKE UP DAY
3:30-5:30pm After School	3:30-5:30pm After School	3:30-5:30pm After School	3:30-5:30pm After School	3:30-5:30pm After School	
5:45pm White Belt	5:45pm All Belt	5:45pm White Belt	5:45pm All Belt	5:45pm White Belt	10:00am All Belt
6:15pm All Belts	6:45pm White Belt	6:15pm All Belts	6:45pm White Belt	6:30pm All Belt	11:00am White Belt
7:15pm All Belt	7:15pm All Belts & Leadership	7:15pm All Belt	7:15pm All Belts		

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