

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A	A	B	B	C	
Curriculum	Curriculum	Program	Program	Specialty	SPECIAL EVENTS (Private Lessons, Testing, Tournaments, Seminars, Etc.)
Beginners 4:30pm	Dragons 4:30pm	Back Belt Club 4:30pm	Dragons 4:30pm		
Dragons 5:10pm	Beginners 5:10pm	Dragons 5:10pm	Basic Class 5:10pm	Kamas 5:00pm	
Intermediate 1 5:50pm	Intermediate 2 5:50pm	Basic Class 5:50pm	Black Belt Club 5:50pm	Bo Staff 5:30pm	
Beginners 6:30pm	Advanced 6:30pm	Back Belt Club 6:30pm	Basic Class 6:30pm	CNS Combatives All Ages (Krav Maga) 6:00pm	
Intermediate 2 7:10pm	Beginners 7:10pm	Basic Class 7:10pm	Black Belt Club 7:10pm		
Advanced 7:50pm	Intermediate 1 7:50pm	Leadership 7:45pm	Black Belt Only 7:45pm		
	Krav Maga 8:30pm	Krav Maga 8:15pm	Krav Maga 8:15pm		

Class Belt Legend	Program
Dragons 6 & Under	Basic = 1 A Day & 1 B Day
Beginners: White, Gold, Gold/Black	BBC = 1 A Day, 1 B Day, 1 C Day (Additional speciality classes will be added on Friday's)
Intermediate 1: Purple, Purple Black, Orange,	Leadership Training
Intermediate 2: Orange/Black, Blue, Blue/Black	Adults = 1 A Day & 1 B Day
Advanced:, Green, Green/White, Green/Black, Red, Red/White, Red/Black, Black	Krav Maga = 1 A Day & 1 B Day
All Classes are available both LIVE and on ZOOM	