

ADULT CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00 AM TAI CHI		6:00 AM TAI CHI		
9:00 AM WHITE BELT		9:00 AM WHITE BELT		9:00 AM WHITE BELT	8:00 AM TAI CHI
10:00 AM GOLD & HIGHER		10:00 AM GOLD & HIGHER		10:00 AM GOLD & HIGHER	9:00 AM GREEN BELT & HIGHER
11:00 AM LITTLE DRAGONS		11:00 AM LITTLE DRAGONS		11:00 AM LITTLE DRAGONS	10:00 AM S.T.O.R.M LITTLE DRAGONS
12:00 PM TAI CHI	2:00 PM LITTLE DRAGONS	12:00 PM TAI CHI	2:00 PM LITTLE DRAGONS	12:00 PM TAI CHI	11:00 AM GOLD thru BLUE FITNESS KICKBOXING
	3:00 PM WHITE BELT	3:00 PM WHITE BELT	3:00 PM WHITE BELT		12:00 PM WHITE BELT
4:00 PM WHITE BELT	4:00 PM GOLD thru BLUE	4:00 PM GOLD thru BLUE	4:00 PM GOLD thru BLUE	4:00 PM WHITE BELT	
5:00 PM GOLD thru BLUE	5:00 PM GREEN & HIGHER	5:00 PM Little Dragons	5:00 PM GREEN & HIGHER	5:00 PM GOLD thru BLUE	
6:00 PM LITTLE DRAGONS	6:00 PM WHITE BELT	6:00 PM G'H'C'F'A	6:00 PM WHITE BELT	6:00 PM LITTLE DRAGONS	
6:30 PM F=HB 9GG ?=??6CL =B;	6:30 PM FITNESS KICKBOXING		6:30 PM F=HB 9GG ?=??6CL =B;	6:30 PM F=HB 9GG ?=??6CL =B;	
7:00 PM GREEN & HIGHER	7:00 PM GOLD thru BLUE	7:00 PM GREEN & HIGHER	7:00 PM GOLD thru BLUE	7:00 PM GREEN & HIGHER	
8:00 PM TAI CHI	8:00 PM GREEN & HIGHER	8:00 PM TAI CHI	8:00 PM GREEN & HIGHER		