



## STUDENT OF THE MONTH: TRAVIS DEREMICK

Watching boys turn into respectful young men is one of the benefits of teaching martial arts. This young man is really becoming a role model for his peers and is a pleasure to have at the school. Travis Deremick is our student of the month.

Travis started training at PMA back in 2016, when he was 6 years old. He's always been really motivated and focused but over his time here, he's only gotten better and stronger. Currently, Travis is in the Lil Warrior BBC program and is an Orange/Brown Belt.

He started training in the martial arts because his dad had trained in Aikido and wanted his kids to give it a try, too. Since he started, Travis has really developed into a great martial artist. He says, "Martial arts has helped me with how I act and has changed how I feel about myself. I feel good about me."

Travis' favorite thing about coming to PMA is the large variety of arts he is learning in class. He loves everything about coming to class. And you can tell, too because he is always working hard and giving his all.

Outside of PMA, Travis is in the fourth grade and his teacher is Mrs. Weibman. His favorite subject is math and he hopes one day to become a computer programmer. His other hobbies include building with legos and loves robotics.



We're so proud of Travis and we look forward to continue to watch him grow in the martial arts! Keep up the hard work!

FEBRUARY'S POWERFUL WORD OF THE MONTH:

## **FAIRNESS**

*Fairness means:*

- *"We all Receive What we Deserve and What We Need!"* -
- *"Treating others According to What is Deserved, Needed or Appropriate"* -

## **KINDNESS MONTH AT PMA**

For the whole month of February, we are promoting KINDNESS at Progressive Martial Arts by asking the students to perform random acts of kindness and submitting them to the school each time they do.

When you've performed an act of kindness, we have small hearts to fill out and place in our Kindness box. It can be anything from hugging a loved one to volunteering your time at a senior center. But throughout the month, let's all make a concerted effort to make the world a better place by being kind.

*"Kindness is a gift everyone can afford to give!"*



## **VALENTINE'S DAY PARENTS NIGHT OUT**

Parents! Enjoy a romantic night out while you know your children are safe and having fun. We will be playing Valentine themed games and crafts, enjoying snacks, and having fun!

It's only **\$30 per child** and will be taking place on **Friday, February 14th from 5pm-8pm.**

Please sign up on the app and reserve your spot!

This is **for kids ages 3-12 only.**

Buddies are welcome!

