



**PROGRESSIVE
MARTIAL ARTS**

- est 1995 -


PMA YOUTH CLASS SCHEDULE

www.ProgressiveMartialArts.com


— Effective November 2nd 2020 —

**ALL GROUP CLASSES ARE AVAILABLE
IN-PERSON  & ON ZOOM **


EXPLORERS (Ages 3 - 4)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Explorers Ages 3 - 4 3:30 - 4:00pm		Explorers Ages 3 - 4 3:30 - 4:00pm		VIRTUAL PRIVATE LESSONS 3:30 - 6:30pm 	


LIL DRAGONS (Ages 5 - 6)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lil Dragons Ages 5 - 6 4:00 - 4:30pm		Lil Dragons Ages 5 - 6 4:00 - 4:30pm	VIRTUAL PRIVATE LESSONS 3:30 - 6:30pm 	Lil Dragons Ages 5 - 6 9:00 - 9:30am

LIL WARRIORS (Ages 7 - 9)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lil Warriors BBC Ages 7 - 9 4:15 - 5:00pm		Lil Warriors BBC Ages 7 - 9 4:15 - 5:00pm		VIRTUAL PRIVATE LESSONS 3:30 - 6:30pm 	Lil Warriors PHASE 1 Ages 7 - 9 9:00 - 9:45am
	Lil Warriors PHASE 1 Ages 7 - 9 5:00 - 5:45pm		Lil Warriors PHASE 1 Ages 7 - 9 5:00 - 5:45pm		Lil Warriors BBC Ages 7 - 9 10:00 - 10:45am

WARRIORS (Ages 10 - 15)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Warriors PHASE 1 Ages 10-15 5:15 - 6:00pm		Warriors PHASE 1 Ages 10-15 5:15 - 6:00pm		VIRTUAL PRIVATE LESSONS 3:30 - 6:30pm 	Warriors PHASE 1 Ages 10-15 10:00 - 10:45am
	Warriors BBC PHASE 2 & 3 6:00 - 6:45pm		Warriors BBC PHASE 2 & 3 6:00 - 6:45pm		Warriors BBC PHASE 2 & 3 11:00 - 11:45am