

WORLD MARTIAL ARTS CENTER - CLASS SCHEDULE
ANAHEIM

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Yellow Belt	4:30 - 5:15 6:30 - 7:15	5:30 - 6:15	4:30 - 5:15 6:30 - 7:15	5:30 - 6:15	6:00 - 6:45	10:00 - 10:45
Orange - Blue Belt	4:30 - 5:15 6:30 - 7:15	5:30 - 6:15	4:30 - 5:15 6:30 - 7:15	5:30 - 6:15	6:00 - 6:45	10:00 - 10:45
Sr. Blue - Red Belt		4:30 - 5:15 6:30 - 7:15		4:30 - 5:15 6:30 - 7:15	6:00 - 6:45	10:00 - 10:45
First Red - Conditional Black Belt	5:30 - 6:15		5:30 - 6:15			
Black Belt	5:30 - 6:15	7:30 - 8:15 pm	5:30 - 6:15	7:30 - 8:15 pm		
Little Warriors	4:30 - 5:15		4:30 - 5:15			
Leadership Class					6:00 - 6:45 pm	10:00 - 10:45
All Belts Class					6:00 - 6:45 pm	10:00 - 10:45
Demo Team A					5:00 - 5:45 pm	
Demo Team B					4:00 - 4:45 pm	
Warrior Fitness	7:30 - 8:15 pm		7:30 - 8:15 pm			9:00 - 9:45

- Students must be on the mat 5 mins prior to class starting.
- Make sure to use the restroom before coming to class. Bring your own water.

WORLD MARTIAL ARTS CENTER - CLASS SCHEDULE

YORBA LINDA

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Warriors	5:30 - 6:00	5:30 - 6:00	5:30 - 6:00	5:30 - 6:00		
White & Yellow Belt	4:45 - 5:30	4:00 - 4:45 6:00 - 6:45	4:45 - 5:30	4:00 - 4:45 6:00 - 6:45		10:00 AM - 10:45 AM
Orange - Blue Belt	4:45 - 5:30	6:00 - 6:45	4:45 - 5:30	6:00 - 6:45		10:00 AM - 10:45 AM
Sr. Blue - Red Belt	4:00 - 4:45	4:45 - 5:30	4:00 - 4:45	4:45 - 5:30		10:00 AM - 10:45 AM
First Red - Conditional Black Belt	6:00 - 6:45	4:00 - 4:45	6:00 - 6:45	4:00 - 4:45		10:45 AM - 11:30 AM
Black Belt (Class assigned by Instructor)	4:00 - 4:45 6:00 - 6:45	4:45 - 5:30 7:00 - 7:45	4:00 - 4:45 6:00 - 6:45	4:45 - 5:30 7:00 - 7:45		10:45 AM - 11:30 AM
Demo Team					5:30 - 6:30	
Leadership Club Seminar (Sign up with your Instructor)					4:00 - 4:45 4:45 - 5:30	
Instructor Program Seminar (Sign up with your Instructor)					4:00 - 4:45 4:45 - 5:30	
Warrior Fitness & Kickboxing	7:00 PM		7:00 PM			9:00 AM

- Arrive early for temperature check and be on the mat 5 minutes before class.
- Please use the restroom before coming to class. Our restrooms are closed at this time.